

**SPECIAL CASE REPORT ON PAKSHAGHATA****Dr. Pallavi R. Shinde<sup>\*1</sup> & Dr. Parag Deshmukhe<sup>2</sup>**<sup>\*1</sup>M. D. Scholar Kayachikitsa Annasaheb Dange Ayurvedic Medical College Astha, Sangli.<sup>2</sup>M.D. Kayachikitsa Reader Kayachikitsa, Annasaheb Dange Ayurvedic Medical College Astha, Sangli**Abstract****Keywords:** Pakshaghata, allopathic medication

A male patient of age 56 yrs old coming to Annasaheb Dange Ayurvedic Hospital diagnosed with Pakshaghata (Paralysis (Hemiplegia)). In CT report cerebral venous thrombus found, still patient did not getting complete relief by modern medicine. He has given Ayurvedic Panchakarma and oral medicine for 25 days and we have got good results.

A male patient of age 56 yrs old coming to Annasaheb Dange Ayurvedic Hospital with having complaints

Dakshin hasta pada Kriyahani (Rt. Limbs weakness) (Pt not able to walk) since 2 months.

Dakshin hasta shotha(Swelling) (+) and Shoola(Pain) (+) since 2 months.

Wak sanga (Difficulty in speech) since 2 months.

Constipation (+) since 2 months.

He has taken allopathic medication but not get relief. His C T Brain report shown cerebral venous thrombus. No history of Diabetes and Hypertension. Patient was admitted in Kayachikitsa ward.

**Introduction****General examination****Pulse :** 86/ min.**Temp:** 98.7<sup>0</sup> F**B. P.** 130/90.**R. R.** 22/ min.**Kshudha :** Prakrut**Nidra:** Alpa**Mala :** Badha**Mutra:** Samyak

Reflexes are diminished on Dakshin hasta pada. (Rt. Limbs)

**Muscle power:** Rt hand – grade I, Rt leg – grade I, Lt Leg – grade V and Lt hand – grade V.

**Dosha –** Vatapradhana Kapha.

**Dushya:** Mamsa, Sira, Snayu.

**Mala:** Purisha

**Srotas:** Rasa, Mamsa, Purisha and Manovaha.

**Diagnosis:** Pakshaghata.(Haemeplegia)

**Treatment Given**

Sarwanga snehan with Balaashwagandhadi taila.

Bashpa sweda with Dashmoola and triphala kwath.

Matrabasti basti with Ashwgandha Ghruta 60 ml for 15 days.

In between matrabasti - on 3<sup>rd</sup> and 5<sup>th</sup> day Niruha basti given Dashmoola Triphala Kwath 450 ml.

After Basti course Snehan, Swedana, Nasya continued for next 10 days. Nasya with Panchendriya tail 2 drops in each nostril in the morning

### Oral Treatment Given

- 1) T. Ekangveer Ras 250 mg BD with Madhu.
- 2) Cap Palsyneuron 1 TDS with Jal.
- 3) Tab Jatamaunshi Ghana vati 250 mg 2 BD with Jal.
- 4) Mashbaladi Kwath 20 ml Bd with water.
- 5) Akkalkara + Yashthimadhu + Vacha+ Madhu – Jivha Pratisaran two times in a day.  
For 25 days.

After 15 days of Treatment – The hasta pada Kriya alpata decreased. Patient is able to walking with support of walker. Patient having no Dakshin hasta shotha and Shoola. Patient speech was improved very well.

**Muscle power:** Rt hand – grade IV, Rt leg – grade IV, Lt Leg – grade V and Lt hand – grade V.

**Mode of Action:** Withania somnifera may therefore be useful for generalized weakness and to improve speed and lower limb muscular strength and neuro-muscular co-ordination.<sup>1</sup>

Ashwagandha helps maintain proper nourishment muscle and bone, while supporting the proper function of the adrenals and reproductive system.<sup>2</sup>

Ashwagandha, an Indian ginseng, works as an excellent immune booster that nourishes and rejuvenates the nervous system.<sup>3</sup>

The parameters adopted from modern aspect to assess the *Brumhana* effect were physical activity, muscle strength and endurance. This may influence the improvement in muscle tone, strength & activeness & thus reduces the weakness of the muscles. Improved performance of physical activity<sup>4</sup>

### Conclusion

In this Patient we have got good results by above mentioned treatment.

### References

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